

# SAINTS GLOBAL ACTIVITY PLAN

## JUST SERVE

### SOCIAL CORE

Version 2026.1



Companion to the BRC: a series of one-hour activity sessions for use on weekly activity night or at home. Each session declares which requirements it contributes to.

#### THE CULMINATING EVENT

### The JustServe project

Between Sessions 3 and 4 each saint completes a real volunteer shift he found on [justserve.org](https://justserve.org) — three or more hours, direct contact with people served, the contact named ahead of time and the parent or leader notified. He works the shift personally and brings the service log back to Session 4.

OFF-MEETING — A REAL ORGANIZATION THE SAINT REACHED ON HIS OWN

## SESSION 1 · SOCIAL CORE

⌚ 60 min target

# Discover the need

*Read the scriptures, walk the neighborhood, and find a real project on JustServe.*

## SESSION AIM

Read Mosiah 2:17 and Matthew 25:40 together, then have each saint walk his own neighborhood and write down four real service needs he can see. Spend the second half of the hour on justserve.org so each saint leaves with a candidate project. Launch the two-adult interview assignment.

## 🎯 WALK AWAY WITH

- Has explained Mosiah 2:17 and Matthew 25:40 in his own words to the group
- Has four observed needs from his own neighborhood written in his notebook
- Has a real JustServe project named, contact written down, and a shift to book
- Has two adult interview names committed and the first call going out tonight

## 📦 BRING / SET UP

- Printed scriptures: Mosiah 2:17 and Matthew 25:40 (one per saint)
- Notebooks and pens for the neighborhood walk and the project search
- At least two devices on the church Wi-Fi — phones or laptops — open to justserve.org
- Printed copies of the JustServe Navigation handout (one per saint)
- Interview question sheets for the Session 3 mission (one per saint)
- A street the leader has scouted, with at least three visible needs the saints are likely to walk past

## 🕒 THE HOUR

BLOCK 1 · DISCUSSION **Opener — Two scriptures, read aloud**

⌚ 5 min

Read Mosiah 2:17 aloud, then Matthew 25:40. Pause at "service of your fellow beings" and at "unto me." Ask the room one question: when service is worship and when it is obligation, what changes in how a saint approaches it? Take three short answers. Do not summarize. Move on.

BLOCK 2 · PHYSICAL **Walk the block and write four needs**

⌚ 15 min

1. Lead the group outside. Walk a single block at a slow pace — no phones, no talking for the first three minutes.
2. Each saint writes down four real needs he can see: a yard, a person, a sign, a building, a quiet street the older neighbors live on. Specifics only — not categories.
3. Stop at the end of the block. Each saint reads his four aloud to the group in one sentence each.
4. Name the move plainly: a need that someone else pointed out is borrowed; a need you saw yourself is the one you can act on.

REQ 1B

## SESSION 1 · DISCOVER THE NEED (PAGE 2 OF 2)

## THE HOUR — CONTINUED

## BLOCK 3 · SKILL PRACTICE Search justserve.org for a real opportunity

⌚ 20 min

1. Hand out the JustServe Navigation card. Walk through the five steps once at the front of the room — ZIP, distance, date range, interest filter, project page.
2. Open the site on at least two shared devices. Pair the saints up. Each pair searches for one project within twenty miles that involves direct contact with people.
3. Each saint copies onto his notebook: the project name, the organization, the contact person, the shift length, and one sentence about who is served.
4. Stop at fifteen minutes. Each saint reads his project aloud. The room flags any project where the description is vague or contact information is missing — pick a different one.
5. Each saint writes his project at the top of the Service Log handout he will fill in across Sessions 2 and 3.

REQ 1B

## BLOCK 4 · SERVICE Launch the two-adult interview

⌚ 15 min

1. Leader goes first. Tell a three- to four-minute story of a time when serving cost you something — sleep, money, a weekend, a friendship that was easier before. The saints need to hear the cost named out loud.
2. Hand out the interview sheets. By Session 3, each saint interviews two adults who have served in demanding situations — one inside the family, one outside it.
3. Each saint writes the two names on the sheet and drafts one opening question. Help anyone who cannot name two.
4. The first text or call goes out before he sleeps tonight. Set the expectation in the room — do not soften it.

REQ 1A

REQ 1C

## BLOCK 5 · REFLECTION Close — Confirm the project and the two names

⌚ 5 min

1. Each saint reads back his project name and his two interview names to the group. The leader writes them down.
2. Remind the saints to call the project contact this week and book the shift before Session 3.

## AT THE CLOSE · DEBRIEF

1. Which of your four needs was the one you almost walked past?
2. What made you pick the JustServe project you picked instead of the easier one?
3. Who is the first adult you will call about the interview tonight, and what will you say in the first sentence?

☑ Mark Req 1a and 1b after this session. Req 1c is launched here; mark it after the interview debrief in Session 3.

## SESSION 2 · SOCIAL CORE

⌚ 60 min target

# Plan the sacrifice

*Define the help from the recipient's perspective and name what the saint will actually give up.*

**SESSION AIM**

Each saint reads the JustServe project description aloud and rewrites what real help would sound like to the person on the other side. He then names what comfort, time, or preference the project will cost him, identifies two foreseeable obstacles, and writes a righteous response for each. The Service Log gets filled to the end of the BEFORE section.

**WALK AWAY WITH**

- Has the recipient's view of meaningful help written in his own handwriting
- Has specific comforts and preferences named as the cost of the project
- Has two foreseeable obstacles and a righteous response written for each
- Has a booked shift on the master sheet, with date and time confirmed to the leader

**BRING / SET UP**

- Each saint's Service Log handout (started in Session 1)
- Each saint's notebook with the JustServe project details
- Pre-printed obstacle prompt cards — six common ones (tired, hungry, ride falls through, conflict with school, told to bring a friend, the work turns out boring)
- Pens, a quiet table per pair, and a working clock visible to the leader

**THE HOUR****BLOCK 1 · DISCUSSION Opener — Booked or not booked**

⌚ 5 min

Go round the room. Each saint reports in one sentence: project booked, project in progress, or project not yet contacted. No long stories. The point is to see who has a real shift on the calendar and who needs help between now and Session 3. If three or more saints are not booked, the leader sets a five-minute call-the-contact moment after Block 4.

**BLOCK 2 · DISCUSSION Define help from the recipient's side**

⌚ 15 min

1. Each saint reads his JustServe project description aloud to one partner — the whole description, not a summary.
2. The partner asks one question: if the person on the receiving end could write down what real help looked like afterward, what sentence would they write?
3. Each saint writes that sentence at the top of his Service Log under the project name. One sentence. Not a paragraph.
4. Pull three sentences back to the full group. The leader names the move plainly: service is for the recipient, not for the saint's experience of it.

REQ 2A

## SESSION 2 · PLAN THE SACRIFICE (PAGE 2 OF 2)

## THE HOUR — CONTINUED

BLOCK 3 · CREATIVE **Name what you are giving up**

⌚ 15 min

1. Each saint writes on the BEFORE section of his Service Log: what comfort, time, or preference the project will cost him.
2. Frame the writing this way — name specifics, not categories. "Saturday morning" is specific. "My time" is not.
3. Run eight minutes of silent writing. Circulate. Ask one sharpening question per saint: what does this cost actually feel like in practice?
4. In pairs, each saint reads his sacrifices aloud. The partner pushes back on any line that sounds general — replace it with a specific one before the block ends.

## REQ 2B

BLOCK 4 · SKILL PRACTICE **Plan for the two obstacles**

⌚ 20 min

1. Spread the six obstacle prompt cards on the table. Each saint picks the two that match his project most honestly — not the two that look easy to answer.
2. On the BEFORE section of the Service Log, write the two obstacles in plain language. Then write one righteous response per obstacle.
3. A righteous response names what you will actually do — pray and continue, call the contact and reschedule, eat before you leave, ask for help instead of quitting. It does not say "I will stay strong."
4. Pair up. Each saint reads his two obstacles plus responses to his partner. The partner names any response that is too vague or that quietly leaves room to bail.
5. Bring two saints to the front for a one-minute walk-through of their hardest obstacle and how they plan to act. The room asks one question of each.

## REQ 2C

BLOCK 5 · REFLECTION **Close — Book the shift this week**

⌚ 5 min

1. Each saint confirms his shift date and time to the leader. The leader writes both on a master sheet.
2. Any saint without a booked shift gets five minutes with the leader at the end to call the contact while the rest stretch and pack up.

## AT THE CLOSE · DEBRIEF

1. Which sentence in your project description told you who you were actually going to serve?
2. What comfort or preference did you almost not write down, and why did you write it anyway?
3. Which of your two obstacles is the one most likely to land — and what is your first move when it does?

☒ Mark Req 2a, 2b, and 2c after this session, once each saint's Service Log shows a written recipient sentence, named sacrifices, and two obstacles with righteous responses.

## SESSION 3 · SOCIAL CORE

⌚ 60 min target

## Ready to act

*Debrief the interviews and confirm everything needed to do the service alone.*

**SESSION AIM**

Each saint reports one moment from his two interviews, then walks through his project plan with a partner — contact confirmed, ride confirmed, what he will personally do versus what he might be tempted to hand off. The leader names the anonymity requirement and runs a short walk-through of three common adaptations under fatigue. The session closes with each saint committing his shift on the BRC.

**🎯 WALK AWAY WITH**

- Has reported one demanding moment from each of his two interviews
- Has named the core task he will not hand off, in writing on his Service Log
- Has a first move planned for an in-shift adaptation
- Has the project details written on the BRC and a clear shift on the calendar before Session 4

**📦 BRING / SET UP**

- Each saint's interview notes from the two adult conversations
- Each saint's Service Log with the BEFORE section filled
- The master sheet of booked shifts (from Session 2)
- Three pre-printed adaptation cases — the contact runs late, the work is different than described, you finish your task with thirty minutes left
- Pens and a quiet table per pair

**🕒 THE HOUR****BLOCK 1 · DISCUSSION Opener — One sentence from each interview**

⌚ 5 min

Each saint names the two adults he interviewed and reads one sentence — the single sentence from those two conversations that stayed with him. One sentence per saint, no follow-up. The goal is to put the interview content into the room before the group uses it.

**BLOCK 2 · DISCUSSION Share one demanding moment from the interviews**

⌚ 15 min

1. Each saint picks one moment from his two interviews — the cost the adult named, the thing the adult did when he wanted to stop, the unexpected detail that did not fit the tidy version.
2. Go round the room. One saint tells the moment. The next saint may ask one follow-up if he wants. Then move on.
3. If the group is eight or more, split into two groups of four for this round, then bring two highlights back to the full group.
4. Name the pattern plainly: most honest service stories include a cost the server did not predict. That cost is what makes the story honest instead of tidy.

**REQ 1C**

## SESSION 3 · READY TO ACT (PAGE 2 OF 3)

## THE HOUR — CONTINUED

BLOCK 3 · SKILL PRACTICE **Walk the project with a partner**

⌚ 18 min

1. Pair up. Each pair sits with both Service Logs and both notebooks open.
2. Each saint walks his partner through three things in order: how he is getting there, what the first ten minutes will look like when he arrives, and exactly what he will personally do.
3. The partner asks one question after each: is there any part of this you might hand off to someone else when it gets hard?
4. If yes — name the part. The saint then writes one sentence on his Log under the AFTER section heading: "The core task I will not hand off is \_\_\_\_."
5. Bring two saints to the front for a sixty-second walk-through of the first ten minutes. The room asks one question of each.

## BY TIER

- ENTRY** Walk through your plan with an established or mentor saint as your partner. Let him push the questions hard — better here than at the shift.
- ESTABLISHED** Pair with another established saint. Trade walk-throughs, and call out each other's hand-off points without softening.
- MENTOR** Take an entry-tier saint. Coach him through his walk-through first; do yours last and ask him to push back on you the same way you pushed back on him.

## REQ 3A

BLOCK 4 · DISCUSSION **Name the anonymity rule and three adaptations**

⌚ 17 min

1. Read the anonymity requirement aloud (Req 3d): serve in a way that intentionally avoids recognition or praise. Pause for ten seconds before moving on.
2. Name the difference plainly: hidden service is not the same as modest service. The saint can still introduce himself to the contact — but he does not post the project, does not bring a friend to watch, does not write a report that names himself.
3. Spread the three adaptation cards on the table. Read each aloud once. Pair-share for two minutes per card: what is the adapted action that keeps the service going instead of shutting it down?
4. Pull one answer per card back to the room. The leader names the move plainly: adaptation in the moment is the test of what was planned in advance. If the plan is solid, the adaptation will be small.
5. Each saint writes on his Log, under the BEFORE section: "If the shift goes long or strange, my first move is \_\_\_\_."

## REQ 3C

## REQ 3D

BLOCK 5 · REFLECTION **Close — Commit the shift on the BRC**

⌚ 5 min

1. Each saint writes the project name, organization, contact name, date, and shift length on his BRC. The leader initials the row but leaves the requirement boxes unchecked until Session 4.
2. Remind the saints to text the leader within an hour of finishing the shift — one line, no detail. The Log gets filled by hand, not by text.

## SESSION 3 · READY TO ACT (PAGE 3 OF 3)

## 🗨 AT THE CLOSE · DEBRIEF

1. Which sentence from your two interviews changed how you are thinking about your own shift?
2. Where in your walk-through did your partner press you the hardest, and what did you write down because of it?
3. What is your first move if the work turns out to be different than the description said?

☑ Mark Req 1c after the interview-sharing block. Confirm each saint's project details are written on the BRC; leave Req 3a–3e unchecked until the post-service debrief in Session 4.

## SESSION 4 · SOCIAL CORE

⌚ 60 min target

## Reflect and sign off

*Report on the project honestly, connect it to Moroni 7:45, and close out the BRC.*

**SESSION AIM**

Each saint reads from the AFTER section of his Service Log — what he gave up, what was hardest, one person he served. The group connects the experience to Moroni 7:45 without preaching it, each saint names one specific change in how he sees people in need, and the leader runs a one-on-one about how this prepares him for future roles. The session ends with a full BRC walkthrough.

**WALK AWAY WITH**

- Has read his completed Service Log aloud to the group
- Has named which attribute of Moroni 7:45 charity was tested in his shift
- Has met one-on-one with the leader about how the service prepares him for future family and leadership roles
- Has a signed BRC, or an outstanding-requirements plan with deadlines written on it

**BRING / SET UP**

- Each saint's completed Service Log with all three sections filled in his own handwriting
- Each saint's BRC, printed and brought to session
- Printed copies of Moroni 7:45 (one per saint)
- A quiet corner of the room for the leader's one-on-one meetings
- A working pen for the BRC sign-offs

**THE HOUR****BLOCK 1 · DISCUSSION Opener — Did it happen**

⌚ 5 min

Go round the room. Each saint says one of three things: shift completed, shift partially completed, shift did not happen. Treat the honest answer the same in each case. If a shift did not happen, the saint stays after the session to schedule the next one — but the report he gives this hour is about whatever he did do, not about what he planned to do.

**BLOCK 2 · DISCUSSION Read the Log aloud**

⌚ 20 min

1. Each saint reads from the AFTER section of his Service Log — not a summary, the actual words he wrote. Three things in order: what he gave up, what was hardest, one person he served.
2. After each reading, the group offers one observation. Short. Specific. No corrections.
3. If a saint did not finish his Log, he reads what he has and writes the rest while the next saint reads. No one closes the Log empty.
4. Name the pattern plainly: the writing he did within an hour of finishing is the most reliable record of what happened. Tomorrow it will already be a tidy version.

REQ 3A

REQ 3B

REQ 3C

REQ 3D

REQ 3E

## SESSION 4 · REFLECT AND SIGN OFF (PAGE 2 OF 2)

## THE HOUR — CONTINUED

BLOCK 3 · SCRIPTURE **Read Moroni 7:45 and name what was tested**

⌚ 15 min

1. Read Moroni 7:45 aloud once. Pause at "suffereth long" and at "endureth all things." Do not add commentary.
2. Each saint writes one sentence: which attribute in the verse was tested or strengthened in his shift, and where exactly that happened.
3. Pair up. Each saint reads his sentence to his partner. The partner asks one question — where in the shift did this attribute almost slip?
4. Pull three sentences back to the room. The leader names the move plainly: the scripture describes attributes the saint already practiced in the shift; the verse is the language for the experience, not an assignment laid on top of it.

## REQ 4A

BLOCK 4 · CREATIVE **One-on-one and write the family paragraph**

⌚ 15 min

1. Pull each saint into the quiet corner for two to three minutes. Use one prompt: what is one specific thing this changed in how you now see people in need, and how does that prepare you to serve at home when others depend on you?
2. While one saint is with the leader, the others sit with their Logs open and write one paragraph in their own handwriting: how this experience prepares them to serve as a husband, father, or leader.
3. If a youth has not written his paragraph by the time he comes out of the one-on-one, he writes it before the close. No saint leaves Session 4 without that paragraph on the page.
4. Mark Req 4b on the BRC after each one-on-one finishes.

## REQ 4B

## REQ 4C

BLOCK 5 · REFLECTION **Close — BRC sign-off**

⌚ 5 min

1. Walk through the BRC with each saint one requirement at a time. Mark what is done. Note what is still outstanding.
2. For each outstanding requirement, set a concrete next step and a deadline before the next Board of Review or Court of Honor.

## AT THE CLOSE · DEBRIEF

1. Which sentence from your own Log surprised you when you read it aloud?
2. What did the leader say in the one-on-one that you wrote down word-for-word afterward?
3. Whose face from the shift will you still see clearly in six months, and what did serving that person change about how you think about your future family?

☒ Mark Req 3a, 3b, 3c, 3d, 3e, 4a, 4b, and 4c after this session. Any requirement still outstanding gets a concrete next step and a deadline written on the BRC.

## JustServe Navigation Reference

Use this card during the in-session JustServe search and again when the saint signs up at home. Five steps, then three details to confirm before he commits.

### JUST SERVE · FIELD CARD

## Find a real opportunity on JustServe.

Filter the site down to a project you can finish. Then read it before you sign up.

### 1 Open justserve.org and enter your ZIP code.

Type the ZIP in the search bar at the top. The map and project list update to your area. If nothing shows within ten miles, widen the radius — do not skip to a different city.

### 2 Set the distance and the date range.

Twenty miles is a reasonable cap. The date range should cover the two weeks before Session 4. Projects with no date set are usually ongoing — these are easier to schedule around your week.

### 3 Filter by interest area, not by what looks easy.

Use the Interest dropdown: Food, Elderly, Homeless, Refugee, Disability, Environment, Youth. Pick one category that involves direct contact with people — that is what 2a requires.

### 4 Open the project page and read the full description.

A good description names who is served, what the volunteer does, and how long the shift runs. If the description is vague, click the organization name and check their About page first.

### 5 Confirm three details before you sign up.

#### CONTACT

A named person with a phone or email — not just a web form.

#### SHIFT LENGTH

Long enough to feel real fatigue — usually three hours or more.

#### PARENT OR LEADER CHECK

Show the project to your parent or leader and get approval before you sign up.

**Pick the project before you leave session. Call the contact the same night.**

# Service Project Log

Fill the *BEFORE* section in Session 2, the *DURING* section on a break during the project, and the *AFTER* section within an hour of finishing. Bring it back to Session 4 in your own handwriting.

## JUST SERVE · WORKSHEET

### Write before, during, and after.

Fill BEFORE the day before, DURING on a break, and AFTER within an hour of finishing.

PROJECT

DATE

ORGANIZATION

HOURS

1

#### BEFORE — the day before the project

WHAT I AM GIVING UP TO BE THERE

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TWO OBSTACLES I CAN ALREADY SEE

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2

#### DURING — on a break or at the end of the shift

SOMETHING CHANGED. WHAT, AND HOW I ADJUSTED

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THE HARDEST FIFTEEN MINUTES

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3

#### AFTER — within an hour of finishing

ONE PERSON I SERVED, NAMED OR DESCRIBED

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WHY THE SACRIFICE MATTERED

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Bring this log to Session 4. Read your own writing aloud during the debrief.