

JUNIOR SAINTS

# ACTIVITY PLAN

AGES 7–11

## AUTOMOTIVE MAINTENANCE

### INTELLECTUAL CORE

Version 2026.1



## Walk Around the Car

*Learn the parts of a car you can see from the outside.*

🕒 60 minutes · one session

### 🎯 WALK AWAY WITH

- Has named six parts of a car from the outside.
- Has tested the lights and tapped the tires with a parent.
- Knows three tools a driver keeps in the trunk.
- Has drawn a car and labeled six parts on his own.

### 📦 BRING / SET UP

- One parked car in a safe spot — driveway, parking lot, or church lot
- Two adults: one in the driver seat for the light check, one with the youth
- A plastic tire-pressure gauge to pass around (the leader uses it)
- A blank sheet of paper and a pencil for each Junior Saint
- Three real car tools to show: jumper cables, a flashlight, a tire gauge

### FOR THE LEADER

This is a Junior Saints preview of the **Automotive Maintenance** badge. No advancement credit is earned here — the goal is to introduce these concepts to Junior Saints alongside the older Saints Global youth working the full BRC. The 4-session Saints Global arc lives under *Activity Plan (SG)* in the BRC builder.

## WALK AROUND THE CAR (PAGE 1 OF 2)

## THE HOUR

**BLOCK 1 · DISCUSSION Opener — Welcome circle**

⌚ 5 min

Stand in a circle. Each Junior Saint says his name. Then he names one part of a car he already knows. Examples: a wheel, a window, a seat belt, the steering wheel. The leader goes last. Keep each turn short.

**BLOCK 2 · SKILL PRACTICE Point at six parts**

⌚ 12 min

1. Walk to the parked car together. Stand a few feet back.
2. The leader points at six parts, one at a time: tires, headlights, side mirror, gas cap, license plate, windshield.
3. Say the name of each part out loud as a group.
4. Each youth picks one part and walks up and touches it gently.
5. Teaching point: every part of a car has a job. Drivers check these before a long trip.

**BLOCK 3 · PHYSICAL Tire and light check**

⌚ 15 min

1. Walk around the car as a group. Stop at each tire.
2. Tap each tire with the side of your foot. A full tire feels hard, not soft.
3. The leader shows the tire gauge. He holds it on the tire valve. Watch the number pop up.
4. Stand a safe distance behind the car. The adult in the driver seat turns on the brake lights and the turn signals.
5. Walk to the front. Watch the headlights and the blinkers come on.
6. Safety: never walk behind a car while it is running.

**BLOCK 4 · SKILL PRACTICE What a driver keeps in the trunk**

⌚ 13 min

1. Sit in a circle. The leader lays out three tools: jumper cables, a flashlight, a tire gauge.
2. Hold up the jumper cables. They help start a car when the battery is dead.
3. Hold up the flashlight. It helps a driver see at night if the car stops.
4. Hold up the tire gauge. It tells you if the tires need more air.
5. Each youth picks one tool. He says its name and tells the group what it is for.
6. Teaching point: a driver who is ready for trouble has less trouble.

**BLOCK 5 · CREATIVE Draw and label**

⌚ 10 min

1. Sit down with paper and a pencil.
2. Draw a side view of a car. A box with two wheels is fine.
3. Label six parts you saw today: tires, headlights, mirror, gas cap, plate, windshield.
4. Show your drawing to the youth next to you. Read your labels out loud.
5. Fold the paper to take home.

## WALK AROUND THE CAR (PAGE 2 OF 2)

## THE HOUR — CONTINUED

BLOCK 6 · REFLECTION **Close — Stretch and cheer**

⌚ 5 min

1. Stand in a circle. Roll your shoulders. Touch your toes. Hold each for 10 seconds.
2. Each Junior Saint says: 'I touched \_\_\_\_.' Just one car part.
3. Group cheer: 'Walk around first!' Three times.
4. Homework: walk around the family car with a parent this week. Show him three parts you learned.

## AT THE CLOSE · DEBRIEF

1. Which part of the car did you touch today?
2. What does a tire gauge tell a driver?
3. Name one tool a driver keeps in the trunk.

📋 *This is a Junior Saints preview session. No Automotive Maintenance BRC requirements are earned here — the goal is to introduce the concepts the older Saints will work on.*

HANDOUT 1 OF 1

FROM SESSION — POINT AT SIX PARTS

# Six Parts of a Car

Print and hold up next to the real car. The numbers match the parts.

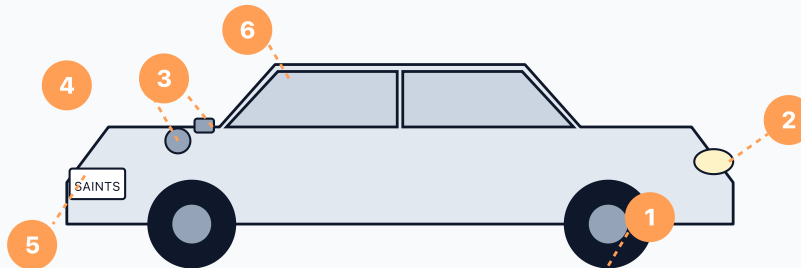
## AUTOMOTIVE · JUNIOR SAINTS CARD

### Six parts to spot on a car.

A good driver walks around the car before a long trip. So can you.

#### Side view of a car

The numbers match the cards below. Point at each one.



#### 1 Tires

Four black rubber circles.  
They carry the whole car.  
*Tap each one. A full tire feels hard.*

#### 2 Headlights

The big lights on the front.  
They help a driver see at night.  
*Stand a safe distance away.*

#### 3 Side mirror

A small mirror by each front door.  
A driver checks it before turning.  
*Two on the car — one on each side.*

#### 4 Gas cap

A small round door on one side.  
It is where the gas goes in.  
*Only a grown-up opens it.*

#### 5 License plate

A small sign on the back.  
It has letters and numbers.  
*Every car has its own.*

#### 6 Windshield

The big window at the front.  
A driver looks through it to drive.  
*Wipers keep it clear in the rain.*

#### What a driver keeps in the trunk

Jumper cables — start a car when the battery is dead.  
Flashlight — see at night if the car stops.  
Tire gauge — tell if the tires need more air.

Walk around the family car this week. Name three parts you see.

Print this handout for in-person reference during the session.