

JUNIOR SAINTS ACTIVITY PLAN

AGES 7–11

TEMPLES

SPIRITUAL CORE

Version 2026.1



A Special Place

Look at a temple, learn three things outside, and build a small one of your own.

🕒 60 minutes · one session

🕒 WALK AWAY WITH

- Has looked at a printed picture of a temple and named three parts of the outside.
- Has walked slowly and quietly around the picture like he would walk the grounds.
- Has built a four-cup paper temple with a spire on top.
- Has named one parent or guardian he could visit a temple's grounds with.

📦 BRING / SET UP

- A printed picture of the nearest temple, large enough for the group to see
- Four paper or foam cups per Junior Saint, plus one extra for the leader to show
- A small square of paper or card stock per Junior Saint for the spire
- A printed copy of the Three Things Outside handout
- A pencil and tape for each Junior Saint

FOR THE LEADER

This is a Junior Saints preview of the **Temples** badge. No advancement credit is earned here — the goal is to introduce these concepts to Junior Saints alongside the older Saints Global youth working the full BRC. The 4-session Saints Global arc lives under *Activity Plan (SG)* in the BRC builder.

A SPECIAL PLACE (PAGE 1 OF 2)

THE HOUR

BLOCK 1 · DISCUSSION **Opener — Welcome circle**

⌚ 5 min

Stand in a circle. Each Junior Saint says his name. Then he names one place that feels special to him. Examples: his grandparents' house, a quiet spot in a park, his own bedroom, the chapel at church. The leader goes last. Keep each turn short.

BLOCK 2 · SKILL PRACTICE **Look and listen**

⌚ 10 min

1. Sit in a half-circle facing the leader. The leader holds up the printed temple picture.
2. Everyone is quiet. Eyes on the picture. No talking.
3. The leader names the temple and the city it is in.
4. The leader says: a temple is a special place. It is not the same as the chapel where we go on Sunday.
5. The leader asks two short questions about the picture. Like, what color is it, or how many doors do you see.
6. Junior Saints raise hands to answer. The leader picks one youth for each question.
7. Teaching point: looking at a temple takes time.

BLOCK 3 · SKILL PRACTICE **Walk the room like temple grounds**

⌚ 12 min

1. Stand up. The leader sets the printed picture in the middle of the room.
2. Walk slowly around the picture in a big circle. No talking. Hands at your sides.
3. After one slow lap, stop where you are.
4. The leader points at the steeple in the picture. The group says: "the steeple."
5. The leader points at the garden. The group says: "the garden."
6. The leader points at the doors. The group says: "the doors."
7. Walk one more slow lap. No talking. Keep your eyes on the picture.
8. Sit back down quietly.
9. Teaching point: at the temple, people walk slow and talk quiet. That is part of why it feels special.

BLOCK 4 · CREATIVE **Build a paper-cup temple**

⌚ 15 min

1. Sit with four cups, one paper square, a pencil, and tape.
2. Stack three cups upside down in a square. Tape the bottoms together so they hold.
3. Place the fourth cup upside down on top, in the middle.
4. Roll the paper square into a thin cone. Tape it. This is the spire.
5. Tape the spire to the top of the top cup. Point it up.
6. Write your name on the bottom of one cup. This is your temple to take home.
7. Teaching point: the spire points up. The steeple on a real temple points up too.

A SPECIAL PLACE (PAGE 2 OF 2)

THE HOUR — CONTINUED

BLOCK 5 · CREATIVE **Plan a visit with a parent**

⌚ 13 min

1. Sit in a circle. The leader holds up the temple picture one more time.
2. The leader reads aloud: many temples have a visitors' center or a garden you can walk through with a parent. The grounds are open to anyone.
3. On your paper, write the name of the temple in the picture at the top.
4. Write one parent or guardian you could go with on the next line.
5. Write one thing you want to look for when you go: the steeple, the garden, or the doors.
6. Each youth reads his three lines to the group.
7. Teaching point: you cannot go inside the temple yet. You can walk the grounds with a parent. That is a real first step.

BLOCK 6 · REFLECTION **Close — Quiet cheer and homework**

⌚ 5 min

1. Stand in a circle. Stretch your arms, hands, and back. Hold each for ten seconds.
2. Drink water.
3. Each Junior Saint says: 'I will look for ____.' Just one of the three things outside.
4. Group cheer (quiet voice this time): 'A special place!' Three times.
5. Homework: show your paper-cup temple to a parent or guardian. Ask if you can visit a temple's grounds together this month.

AT THE CLOSE · DEBRIEF

1. How many cups are in your paper-cup temple?
2. Which of the three things outside did you write down to look for?
3. Which parent or guardian did you pick to go with you?

☑ *This is a Junior Saints preview session. No Temples BRC requirements are earned here — the goal is to introduce the concepts the older Saints will work on.*

HANDOUT 1 OF 1

FROM SESSION — LOOK AND LISTEN

Three Things Outside a Temple

Print and hold up while you walk through the three things outside.

TEMPLES · JUNIOR SAINTS CARD

Three things to look for outside.

Point to each one when you visit. Walk slow. Talk quietly.

1



The steeple

A tall tower that points up to the sky.
Many temples have a small gold figure on top.

It points up to remind us where the temple's work points.

2

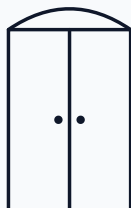


The garden

Flowers, trees, and grass kept very neat.
People take care of it every week.

The garden is kept neat because the temple is a special place.

3



The doors

Big doors that open for people who go inside.
People dress in white before they go in.

Adults and older youth go in. You can go in one day too.

Visit the temple grounds with a parent. Point to each one.

Print this handout for in-person reference during the session.