

SAINTS GLOBAL
LEADER GUIDE

RIFLE SHOOTING

INTELLECTUAL CORE

Version 2026.1



Rifle Shooting



PURPOSE & IDENTITY

SKILL BADGE PURPOSE

To develop disciplined firearm safety, precise marksmanship, and moral responsibility through supervised rifle shooting, equipment care, and lawful, restraint-driven conduct.

DEVELOPMENT CORE: INTELLECTUAL

This badge develops intellectual attributes through focused activities and reflection. Saints will grow in this area while building practical skills.

CORE FOCUSES

- Firearm safety culture and legal responsibility
- Rifle mechanics and ammunition understanding
- Precision marksmanship fundamentals
- Stress control and disciplined execution
- Stewardship, obedience to authority, and respect for life

TIME COMMITMENT	RECOMMENDED AGE
4-6 weeks (suggested)	13+



SAFETY CONSIDERATIONS



SUPERVISION

All rifle shooting must occur at an approved range under direct supervision of a certified rifle instructor and range safety officer.



PROTECTIVE EQUIPMENT

Eye and hearing protection are mandatory whenever on or near the firing line.



LEGAL COMPLIANCE

All firearm use, transport, and storage must comply with local and state law and range policy.

EMERGENCY CONTACTS

Troopmaster:

Emergency:



THE DPAR METHOD

Saints Global uses the DPAR method for skill badge completion. As a leader, you should practice DPAR yourself when preparing to teach.

D

DISCOVER

Learn foundational knowledge and concepts. Research, study, and explore the topic.

YOUR ROLE AS LEADER:

- Immerse yourself in the material before teaching
- Study each requirement—understand what AND why
- Anticipate questions saints might ask

P

PLAN

Create a personal action plan with goals and timeline.

YOUR ROLE AS LEADER:

- Design your teaching approach for each requirement
- Gather materials and prepare discussion questions
- Consider how to adapt for different learning styles

A

ACT

Execute through hands-on practice with leader guidance.

YOUR ROLE AS LEADER:

- Shift from teacher to guide—step back
- Create safe space for practice and mistakes
- Model the skills yourself when helpful

R

REFLECT

Review what was learned and share experiences gained.

YOUR ROLE AS LEADER:

- Facilitate meaningful conversations
- Ask open-ended questions, listen more than speak
- Celebrate growth and help saints see their progress



STEP 1: DISCOVER

LEADER PREPARATION

- ☐ Review all DISCOVER requirements thoroughly
- ☐ Gather necessary resources and materials
- ☐ Prepare discussion questions and activities
- ☐ Identify potential challenges saints may face

STEP 1: DISCOVER — TEACHING GUIDE

Requirement 1a: Explain what a projectile is and why rifles must be handled with care, respect, and used only in approved locations.

HOW TO TEACH

- Compare slow-moving objects to high-velocity projectiles to illustrate energy and risk
- Use a controlled-range vs uncontrolled-location scenario for contrast
- Ask Saints to identify what protections a range provides that a random location cannot
- Reinforce that respect is a moral obligation, not a comfort rule

Completion: Saint clearly explains projectile danger and approved-use principles.

Requirement 1b: Explain universal firearm safety rules, proper hygiene practices while shooting, and the role of eye and hearing protection.

HOW TO TEACH

- Demonstrate safe handling with unloaded or inert training rifles
- Have Saints identify violations in staged examples
- Physically fit eye and ear protection and perform seal checks
- Discuss lead exposure and hygiene as part of stewardship of the body

Completion: Saint explains and demonstrates correct safety and hygiene practices.

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STEP 1: DISCOVER — TEACHING GUIDE (CONTINUED)

Requirement 1c: Summarize local and state firearm and hunting laws relevant to rifles, including legal wildlife and lawful locations.

HOW TO TEACH

- Require Saints to reference official state sources directly
- Use short 'lawful vs unlawful' scenarios for application
- Discuss how laws protect people, property, and wildlife
- Ask Saints to identify one law they previously misunderstood

Completion: Saint accurately summarizes applicable laws and stewardship purpose.



STEP 2: PLAN

LEADER PREPARATION

- ☐ Review all PLAN requirements thoroughly
- ☐ Gather necessary resources and materials
- ☐ Prepare discussion questions and activities
- ☐ Identify potential challenges saints may face

STEP 2: PLAN — TEACHING GUIDE

Requirement 2a: Identify the main parts of a rifle and cartridge and explain their functions using diagrams or inert training aids.

HOW TO TEACH

- Use diagrams or cutaway visuals rather than live firearms
- Have Saints teach back by pointing and explaining each part
- Trace the firing cycle step-by-step at a conceptual level
- Correct errors by returning to the diagram, not jargon

Completion: Saint correctly identifies parts and explains basic function.

Requirement 2b: Create a personal range readiness plan covering gear, behavior, command compliance, and stress control.

HOW TO TEACH

- Ask Saints to list non-gear readiness factors (sleep, focus, humility)
- Introduce a stress scenario (noise, waiting, pressure) and plan responses
- Have Saints create a simple checklist they could carry
- Discuss why stopping when unsure is a strength

Completion: Plan includes equipment, conduct expectations, and stress responses.

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STEP 2: PLAN — TEACHING GUIDE (CONTINUED)

Requirement 2c: Explain rifle malfunctions (misfire, hangfire, squib) and describe the correct immediate response under range procedure.

HOW TO TEACH

- Teach responses as a decision tree: stop, safe direction, wait, signal
- Practice verbal call-and-response without touching equipment
- Emphasize that uncertainty requires stopping, not fixing
- Ask Saints why humility matters in malfunction response

Completion: Saint describes correct response steps accurately.



STEP 3: ACT

LEADER PREPARATION

- ☐ Review all ACT requirements thoroughly
- ☐ Gather necessary resources and materials
- ☐ Prepare discussion questions and activities
- ☐ Identify potential challenges saints may face

STEP 3: ACT — TEACHING GUIDE

Requirement 3a: Under certified supervision, demonstrate flawless range conduct from arrival through departure, including command compliance and safe transitions.

HOW TO TEACH

- Treat this as a behavior audit rather than a shooting test
- Have instructors watch transitions as closely as firing
- Praise obedience and calmness more than accuracy
- Correct immediately and reset before continuing

Completion: Saint maintains perfect safety discipline for the entire session.

Requirement 3b: Demonstrate the five fundamentals of rifle shooting—aiming, breath control, hold control, trigger control, and follow-through—during live fire.

HOW TO TEACH

- Isolate fundamentals one at a time before combining
- Use verbalization to reinforce internal awareness
- Adjust only one variable between groups
- Emphasize consistency over score

Completion: Saint applies all five fundamentals consistently.

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STEP 3: ACT — TEACHING GUIDE (CONTINUED)

Requirement 3c: Fire multiple supervised shot groups from a supported position and demonstrate the ability to analyze grouping and make or explain sight adjustments.

HOW TO TEACH

- Use targets to teach diagnosis rather than scoring
- Have Saints explain cause-and-effect before adjusting
- If adjustment is not permitted, require precise explanation
- Reinforce patience and methodical changes

Completion: Saint demonstrates understanding of zeroing and grouping.

Requirement 3d: Demonstrate safe rifle cleaning and storage practices using approved materials and procedures.

HOW TO TEACH

- Lay out all cleaning materials before starting
- Require verbal confirmation of unloaded status
- Explain why cleaning order matters for safety
- Discuss access control and responsibility at home

Completion: Rifle is cleaned and handled safely throughout.



STEP 4: REFLECT

LEADER PREPARATION

- ☐ Review all REFLECT requirements thoroughly
- ☐ Gather necessary resources and materials
- ☐ Prepare discussion questions and activities
- ☐ Identify potential challenges saints may face

STEP 4: REFLECT — TEACHING GUIDE

Requirement 4a: Explain how restraint, obedience to rules, and patience affected your safety and performance on the range.

HOW TO TEACH

- Begin with silent reflection before discussion
- Ask for a specific moment where restraint mattered
- Affirm honesty over performance
- Avoid correcting reflections—listen

Completion: Saint gives a concrete example tied to character.

Requirement 4b: Describe how responsible rifle handling reflects stewardship of life, law, and God-given agency, and identify one future pathway (hobby or career) where these skills apply.

HOW TO TEACH

- Discuss stewardship as protection of people and creation
- Use a scenario involving careless behavior and ask for a response
- Have Saints name a supervised, lawful next step
- Reinforce courage to speak up or step away

Completion: Saint connects skill to moral responsibility and future direction.



RESOURCES & CONTACT

RECOMMENDED RESOURCES

- Saints Global Resource Library — Online materials and guides
- DPAR Method Quick Reference — Printable guide for leaders
- Child and Youth Program Guidebook — LDS Church Official Documentation for Children and Youth
- For the Strength of Youth — A Guide for Making Choices

SAINTS GLOBAL CONTACT INFORMATION

 www.saintsglobal.org

 support@saintsglobal.org

 Curriculum: curriculum@saintsglobal.org

Thank you for leading Saints Global!

Your dedication makes a difference in the lives of our children and youth.