

SAINTS GLOBAL
LEADER GUIDE

ARCHERY

INTELLECTUAL CORE

Version 2026.1



 **PURPOSE & IDENTITY****SKILL BADGE PURPOSE**

To develop disciplined marksmanship, safety-minded behavior, patience, and self-control through responsible archery practice under proper supervision.

DEVELOPMENT CORE: INTELLECTUAL

This badge develops intellectual attributes through focused activities and reflection. Saints will grow in this area while building practical skills.

CORE FOCUSES

- Range safety and legal responsibility
- Equipment knowledge and care
- Fundamental shooting technique
- Accuracy through discipline and repetition
- Respect for rules, authority, and controlled environments

TIME COMMITMENT

4-6 weeks (suggested)

RECOMMENDED AGE

12+

SAFETY CONSIDERATIONS

RANGE SAFETY

Archery activities must be conducted only at approved ranges under qualified supervision, following whistle commands and established safety rules.

EQUIPMENT

Inspect bows, strings, arrows, and safety gear before shooting; damaged equipment must not be used.

EMERGENCY CONTACTS

Troopmaster:

Emergency:



THE DPAR METHOD

Saints Global uses the DPAR method for skill badge completion. As a leader, you should practice DPAR yourself when preparing to teach.

D

DISCOVER

Learn foundational knowledge and concepts. Research, study, and explore the topic.

YOUR ROLE AS LEADER:

- Immerse yourself in the material before teaching
- Study each requirement—understand what AND why
- Anticipate questions saints might ask

P

PLAN

Create a personal action plan with goals and timeline.

YOUR ROLE AS LEADER:

- Design your teaching approach for each requirement
- Gather materials and prepare discussion questions
- Consider how to adapt for different learning styles

A

ACT

Execute through hands-on practice with leader guidance.

YOUR ROLE AS LEADER:

- Shift from teacher to guide—step back
- Create safe space for practice and mistakes
- Model the skills yourself when helpful

R

REFLECT

Review what was learned and share experiences gained.

YOUR ROLE AS LEADER:

- Facilitate meaningful conversations
- Ask open-ended questions, listen more than speak
- Celebrate growth and help saints see their progress



STEP 1: DISCOVER

LEADER PREPARATION

- Review all DISCOVER requirements thoroughly
- Gather necessary resources and materials
- Prepare discussion questions and activities
- Identify potential challenges saints may face

STEP 1: DISCOVER — TEACHING GUIDE

Requirement 1a: Explain what a projectile is and why archery equipment must be handled only with care, respect, and at approved ranges.

HOW TO TEACH

- Use real arrows to show weight, point sharpness, and likely travel distance
- Walk through scenarios: backyard misuse vs. supervised range
- Ask the Saint to name three places archery would be unsafe and why
- Connect equipment respect to responsibility for bystanders

Completion: Saint explains risks clearly and shows respect for controlled environments.

Requirement 1b: Explain range safety rules, whistle commands, and the safe method for retrieving arrows from a target.

HOW TO TEACH

- Walk the waiting line, shooting line, and target line on a real range layout
- Demonstrate each whistle command (one, two, three, four+) and the action required for each
- Have the Saint call commands and verbalize the retrieval sequence
- Emphasize that whistle obedience overrides every other action on the range

Completion: Saint accurately explains rules and retrieval procedure without prompting.

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STEP 1: DISCOVER — TEACHING GUIDE (CONTINUED)**Requirement 1c: Describe local and state laws related to owning and using archery equipment.****HOW TO TEACH**

- Use the state's official archery and bow-hunting regulation pages as the source
- Discuss age limits, transport rules (cased, unstrung), and restricted locations
- Ask the Saint to summarize what changes when crossing state lines
- Reinforce that knowing the law is part of carrying the equipment legally

Completion: Saint accurately summarizes applicable laws.



STEP 2: PLAN

LEADER PREPARATION

- Review all PLAN requirements thoroughly
- Gather necessary resources and materials
- Prepare discussion questions and activities
- Identify potential challenges saints may face

STEP 2: PLAN — TEACHING GUIDE

Requirement 2a: Identify and point out the parts of an arrow and describe different arrow types, shaft materials, and proper storage.

HOW TO TEACH

- Have the Saint physically identify point, shaft, fletching, and nock on a real arrow
- Compare wood, aluminum, carbon, and composite shafts in hand
- Discuss target, field, hunting, and broadhead points and when each is used
- Show proper storage in a quiver and dry rack, and explain why bent or cracked shafts must be discarded

Completion: Saint correctly identifies parts, types, and care methods.

Requirement 2b: Repair or construct archery equipment by either completing an arrow from a bare shaft or repairing damaged arrows with proper tools.

HOW TO TEACH

- Lay out tools (fletching jig, glue, nocks, points) and explain the role of each before starting
- Demonstrate the full sequence on one arrow, then have the Saint build or repair their own
- Inspect alignment, fletching angle, and nock seating before declaring the arrow shootable
- Reinforce that a poorly built arrow is a safety risk, not just inaccurate

Completion: Arrow is safely and properly constructed or repaired.

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STEP 2: PLAN — TEACHING GUIDE (CONTINUED)

Requirement 2c: Explain the purpose and care of personal archery gear, including tabs, arm guards, gloves, and quivers.

HOW TO TEACH

- Have the Saint try on each piece of gear and demonstrate where injury would occur without it
- Discuss leather care, replacement timing, and quiver organization for safe retrieval
- Ask why a finger tab improves consistency, not just protection
- Connect gear care to consistent shots and equipment that lasts a season

Completion: Saint explains both function and care accurately.



STEP 3: ACT

LEADER PREPARATION

- Review all ACT requirements thoroughly
- Gather necessary resources and materials
- Prepare discussion questions and activities
- Identify potential challenges saints may face

STEP 3: ACT — TEACHING GUIDE

Requirement 3a: Under qualified supervision, demonstrate proper shooting form using the official steps of shooting for the bow type you are using.

HOW TO TEACH

- Walk through the official steps verbally before the first arrow
- Have the Saint shoot a small group while narrating each step aloud
- Correct one element at a time — stance, then anchor, then release
- Emphasize that a small form error repeats with every shot until it's corrected

Completion: Saint demonstrates all steps safely and in order.

Requirement 3b: Safely string a bow and correctly locate and mark the nocking point on the bowstring.

HOW TO TEACH

- Demonstrate the stringer method first; never permit step-through unless taught for that bow type
- Have the Saint locate the nocking point using a bow square and explain why position matters
- Inspect the stringing process for finger placement and limb control
- Emphasize that improper stringing is the most common cause of injury

Completion: Bow is strung and nocking point set without safety errors.

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STEP 3: ACT — TEACHING GUIDE (CONTINUED)

Requirement 3c: Shoot a supervised scoring session appropriate to your bow type and demonstrate controlled accuracy and rule compliance.

HOW TO TEACH

- Set up a target distance appropriate to skill level, not adult standards
- Watch every end for safety violations before recording score
- Discuss accuracy as a product of repetition, not aiming harder
- Note any rule slippage as the session continues; fatigue is when slip-ups happen

Completion: Saint completes a full scoring session safely and correctly.



STEP 4: REFLECT

LEADER PREPARATION

- Review all REFLECT requirements thoroughly
- Gather necessary resources and materials
- Prepare discussion questions and activities
- Identify potential challenges saints may face

STEP 4: REFLECT — TEACHING GUIDE

Requirement 4a: Explain how patience, obedience to rules, and calm focus affect performance and safety in archery.

HOW TO TEACH

- Give the Saint a moment of silent reflection before answering
- Ask for a specific shot where impatience hurt accuracy or safety
- Discuss how range rules protect both shooter and bystanders
- Avoid correcting the Saint's reflection — listen and affirm

Completion: Saint clearly connects character traits to safe outcomes.

Requirement 4b: Describe how learning self-control in archery can strengthen discipline in other areas of life and faith.

HOW TO TEACH

- Begin with a brief personal example to model honest reflection
- Ask the Saint to name one area outside archery where the same self-control would help
- Discuss obedience to instructors as practice for obedience to other authority
- Keep the connection grounded in the Saint's own experience

Completion: Saint reflects on transferable discipline and growth.

RESOURCES & CONTACT

RECOMMENDED RESOURCES

- Saints Global Resource Library — Online materials and guides
- DPAR Method Quick Reference — Printable guide for leaders
- Child and Youth Program Guidebook — LDS Church Official Documentation for Children and Youth
- For the Strength of Youth — A Guide for Making Choices

SAINTS GLOBAL CONTACT INFORMATION

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Thank you for leading Saints Global!

Your dedication makes a difference in the lives of our children and youth.