

SAINTS GLOBAL MEMBER

NAME: \_\_\_\_\_

BATTALION: \_\_\_\_\_

TROOP: \_\_\_\_\_

SKILL BADGE ADVISOR

NAME: \_\_\_\_\_

EMAIL: \_\_\_\_\_

PHONE: \_\_\_\_\_

## STEP 1 | DISCOVER

INITIALS

- a) Explain the priorities of first aid (scene safety, patient assessment, and getting help) and why shock and airway problems are life-threatening emergencies. (TLX: 1.0) \_\_\_\_\_
- b) Define triage and describe two situations where triage decisions may be required. (TLX: 0.8) \_\_\_\_\_

## STEP 2 | PLAN

INITIALS

- a) Explain how to obtain emergency medical assistance from home and from a remote or wilderness location, including what information must be given. (TLX: 1.2) \_\_\_\_\_
- b) Assemble a personal first-aid kit suitable for outdoor activity and explain the purpose of each item. (TLX: 1.4) \_\_\_\_\_

## STEP 3 | ACT

INITIALS

- a) Demonstrate a complete primary and secondary assessment of an injured patient, including airway, breathing, circulation, and a head-to-toe exam. (TLX: 2.0) \_\_\_\_\_
  - a.1) Scene safety scan: identify hazards and state what makes the scene safe to enter. \_\_\_\_\_
  - a.2) Primary assessment (ABC): check responsiveness, airway, breathing, and circulation; identify life threats. \_\_\_\_\_
  - a.3) Secondary assessment: head-to-toe exam and SAMPLE history (Signs/Symptoms, Allergies, Medications, Past history, Last intake, Events). \_\_\_\_\_
  - a.4) Document or verbally report findings in correct order to the leader. \_\_\_\_\_

- b)** Demonstrate proper infection-control precautions, including glove use and disposal of contaminated materials. (TLX: 1.6) \_\_\_\_\_
  - b.1)** Demonstrate proper hand hygiene before and after care. \_\_\_\_\_
  - b.2)** Put on and remove gloves without contaminating yourself. \_\_\_\_\_
  - b.3)** Use barrier methods appropriately (mask/CPR barrier) when indicated. \_\_\_\_\_
  - b.4)** Show safe disposal of contaminated items (bagging, sharps awareness) and cleaning of reusable gear. \_\_\_\_\_
  
- c)** Demonstrate first aid for bleeding wounds, including direct pressure, bandaging, and correct tourniquet placement without tightening. (TLX: 2.0) \_\_\_\_\_
  - c.1)** Apply direct pressure and elevate/position appropriately while maintaining patient safety. \_\_\_\_\_
  - c.2)** Apply a pressure bandage correctly and reassess bleeding control. \_\_\_\_\_
  - c.3)** Demonstrate wound packing technique on a trainer or simulated wound (if available). \_\_\_\_\_
  - c.4)** Explain when tourniquets are appropriate and not appropriate; list benefits and dangers. \_\_\_\_\_
  - c.5)** Place a tourniquet correctly on a limb trainer without tightening; state where it should be placed and what to record/communicate. \_\_\_\_\_

d) Demonstrate first aid responses for breathing emergencies such as choking, asthma attack, and anaphylaxis. (TLX: 2.0) \_\_\_\_\_

d.1) Choking: demonstrate correct response for a conscious victim and describe response if victim becomes unconscious. \_\_\_\_\_

d.2) Asthma attack: identify key signs and demonstrate supportive first aid (positioning, assisting with prescribed inhaler if available, monitoring). \_\_\_\_\_

d.3) Anaphylaxis: identify signs and demonstrate supportive first aid (activate EMS, position, assist with auto-injector trainer if available, monitor airway). \_\_\_\_\_

d.4) Inhalation injury: identify signs and demonstrate safe actions (move to fresh air if safe, activate EMS, monitor breathing). \_\_\_\_\_

d.5) Altitude illness: describe signs and demonstrate first aid priorities (rest, descend, hydrate as appropriate, monitor). \_\_\_\_\_

e) Demonstrate CPR using an approved training device and explain when CPR and AED use are appropriate. (TLX: 2.0) \_\_\_\_\_

e.1) Explain conditions required before starting CPR (unresponsive, not breathing normally) and activating EMS. \_\_\_\_\_

e.2) Demonstrate high-quality CPR on an approved manikin (rate, depth, full recoil, minimal interruptions). \_\_\_\_\_

e.3) Demonstrate AED steps with a trainer: power on, attach pads, clear for analysis, clear for shock, resume CPR. \_\_\_\_\_

e.4) Identify typical AED locations in your community (school/place of worship/sports facility) and explain why those locations are chosen. \_\_\_\_\_

f) Demonstrate bandaging and splinting for at least three injuries (sprain, fracture, dislocation) using proper materials and technique. (TLX: 1.9) \_\_\_\_\_

f.1) Explain differences between strain, sprain, dislocation, simple fracture, and open/compound fracture. \_\_\_\_\_

f.2) Demonstrate an arm sling and swathe for forearm/upper arm/collarbone support. \_\_\_\_\_

f.3) Demonstrate an elastic wrap/cravat bandage for an ankle sprain. \_\_\_\_\_

f.4) Demonstrate an elastic wrap/cravat bandage for a wrist sprain or hand injury. \_\_\_\_\_

f.5) Demonstrate splinting procedure for one suspected fracture/dislocation: finger/toe, forearm/wrist, upper leg, or lower leg/ankle (choose at least one). \_\_\_\_\_

g) Demonstrate safe methods for moving an injured patient, including a one-person drag, two-person carry, and improvised stretcher. (TLX: 2.0) \_\_\_\_\_

g.1) Explain conditions under which an injured person should and should not be moved. \_\_\_\_\_

g.2) Demonstrate a one-person drag suitable for smoke-filled room conditions (practice simulation). \_\_\_\_\_

g.3) Demonstrate a two-person carry for a patient with a sprained ankle for at least 25 yards (or simulated distance if space-limited). \_\_\_\_\_

g.4) Improvise a stretcher with helpers under your supervision and move a patient for at least 25 yards (or simulated distance if space-limited). \_\_\_\_\_

g.5) Describe spinal precautions and when to avoid movement unless necessary for safety. \_\_\_\_\_

**STEP 4 | REFLECT**

INITIALS

a) Explain which first aid skill was most difficult to perform and how repeated practice improved your confidence and effectiveness. (TLX: 1.2) \_\_\_\_\_

b) Describe how first aid knowledge enables you to better serve family, neighbors, and community in moments of crisis. (TLX: 1.2) \_\_\_\_\_

*Continue to next page for certification signature*

**END OF REQUIREMENTS**

**BY SIGNING BELOW, I CERTIFY TO THE BEST OF MY KNOWLEDGE THAT ALL REQUIREMENTS WERE MET AT OR ABOVE THE REQUIRED STANDARDS AS OUTLINED IN THE BADGE REQUIREMENTS CHECKLIST.**

\_\_\_\_\_  
SKILL BADGE ADVISOR

\_\_\_\_\_  
DATE (YYYY-MM-DD)