

SAINTS GLOBAL
LEADER GUIDE

HANDYMAN

PHYSICAL CORE

Version 2026.1



 **PURPOSE & IDENTITY****SKILL BADGE PURPOSE**

To equip Saints with practical household maintenance and repair skills, building confidence, responsibility, and problem-solving ability for everyday homeowner situations.

DEVELOPMENT CORE: PHYSICAL

This badge develops physical attributes through focused activities and reflection. Saints will grow in this area while building practical skills.

CORE FOCUSES

- Basic home repair and maintenance
- Tool safety and correct use
- Troubleshooting common household problems
- Stewardship of property and resources
- Preparedness and self-reliance

TIME COMMITMENT

4-6 weeks (suggested)

RECOMMENDED AGE

12+

SAFETY CONSIDERATIONS

TOOLS

All tools must be used as designed, with proper PPE such as eye protection when required.

ELECTRICAL AND WATER

Electrical power and water supply must be shut off before repairs; youth may not perform high-voltage or gas-line work.

SUPERVISION

All tasks must be approved and supervised by a responsible adult.

EMERGENCY CONTACTS

Troopmaster: _____

Emergency: _____



THE DPAR METHOD

Saints Global uses the DPAR method for skill badge completion. As a leader, you should practice DPAR yourself when preparing to teach.

D

DISCOVER

Learn foundational knowledge and concepts. Research, study, and explore the topic.

YOUR ROLE AS LEADER:

- Immerse yourself in the material before teaching
- Study each requirement—understand what AND why
- Anticipate questions saints might ask

P

PLAN

Create a personal action plan with goals and timeline.

YOUR ROLE AS LEADER:

- Design your teaching approach for each requirement
- Gather materials and prepare discussion questions
- Consider how to adapt for different learning styles

A

ACT

Execute through hands-on practice with leader guidance.

YOUR ROLE AS LEADER:

- Shift from teacher to guide—step back
- Create safe space for practice and mistakes
- Model the skills yourself when helpful

R

REFLECT

Review what was learned and share experiences gained.

YOUR ROLE AS LEADER:

- Facilitate meaningful conversations
- Ask open-ended questions, listen more than speak
- Celebrate growth and help saints see their progress



STEP 1: DISCOVER

LEADER PREPARATION

- Review all DISCOVER requirements thoroughly
- Gather necessary resources and materials
- Prepare discussion questions and activities
- Identify potential challenges saints may face

STEP 1: DISCOVER — TEACHING GUIDE**Requirement 1a: Explain common hazards found in household repair work and how to prevent injuries.****HOW TO TEACH**

- Identify pinch points, sharp edges, and electrical risks
- Discuss ladder and lifting safety
- Explain why rushing causes mistakes
- Reinforce respect for tools and systems

Completion: Saint accurately explains hazards and prevention.

Requirement 1b: Identify basic household tools and explain their proper use and storage.**HOW TO TEACH**

- Handle tools safely while naming them
- Match tools to common repair tasks
- Discuss why correct tool choice matters
- Explain clean-up and storage expectations

Completion: Saint correctly identifies and explains tool use.



STEP 2: PLAN

LEADER PREPARATION

- Review all PLAN requirements thoroughly
- Gather necessary resources and materials
- Prepare discussion questions and activities
- Identify potential challenges saints may face

STEP 2: PLAN — TEACHING GUIDE

Requirement 2a: Select three common household problems and explain how you would diagnose each one.

HOW TO TEACH

- Use scenarios such as leaks, loose fixtures, or doors that stick
- Teach step-by-step troubleshooting
- Discuss when to stop and call a professional
- Emphasize observation before action

Completion: Saint explains logical diagnostic steps.

Requirement 2b: Create a simple maintenance checklist for a home or church building.

HOW TO TEACH

- Identify routine tasks (filters, tightening, cleaning)
- Discuss seasonal considerations
- Explain why prevention saves time and money
- Encourage ownership mindset

Completion: Saint produces a usable checklist.



STEP 3: ACT

LEADER PREPARATION

- Review all ACT requirements thoroughly
- Gather necessary resources and materials
- Prepare discussion questions and activities
- Identify potential challenges saints may face

STEP 3: ACT — TEACHING GUIDE**Requirement 3a: Complete three approved handyman tasks safely and correctly.****HOW TO TEACH**

- Observe work quality and safety
- Correct mistakes immediately
- Require clean work area afterward
- Discuss what was harder than expected

Completion: All tasks are completed safely and properly.

Requirement 3b: Demonstrate how to shut off utilities and explain when this is necessary.**HOW TO TEACH**

- Locate water shutoff, breaker panel, and gas valve (explain-only if restricted)
- Discuss emergency scenarios
- Explain labeling and accessibility
- Reinforce calm response

Completion: Saint correctly identifies shutoff procedures.



STEP 4: REFLECT

LEADER PREPARATION

- Review all REFLECT requirements thoroughly
- Gather necessary resources and materials
- Prepare discussion questions and activities
- Identify potential challenges saints may face

STEP 4: REFLECT — TEACHING GUIDE**Requirement 4a: Explain how learning basic handyman skills changes your confidence and responsibility at home.****HOW TO TEACH**

- Ask for a specific example
- Discuss pride in good work
- Connect responsibility to service
- Encourage continued learning

Completion: Saint gives a concrete reflection.

Requirement 4b: Identify one household repair skill you want to improve next and why.**HOW TO TEACH**

- Discuss realistic next steps
- Encourage seeking mentorship
- Reinforce patience and practice
- Affirm effort over perfection

Completion: Saint identifies a clear next skill.

RESOURCES & CONTACT

RECOMMENDED RESOURCES

- Saints Global Resource Library — Online materials and guides
- DPAR Method Quick Reference — Printable guide for leaders
- Child and Youth Program Guidebook — LDS Church Official Documentation for Children and Youth
- For the Strength of Youth — A Guide for Making Choices

SAINTS GLOBAL CONTACT INFORMATION

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Thank you for leading Saints Global!

Your dedication makes a difference in the lives of our children and youth.