

# SELF-RELIANCE

## SAINTS GLOBAL MEMBER

NAME: \_\_\_\_\_

BATTALION: \_\_\_\_\_

TROOP: \_\_\_\_\_

## SKILL BADGE ADVISOR

NAME: \_\_\_\_\_

EMAIL: \_\_\_\_\_

PHONE: \_\_\_\_\_

## STEP 1 | DISCOVER

INITIALS

- a) Read Proverbs 21:5 and Doctrine and Covenants 104:13–15, then explain how stewardship and preparation relate to self-reliance. (TLX: 0.8) \_\_\_\_\_
- b) Identify one real situation where lack of money, food, or water created hardship for yourself or someone you know, and explain what could have reduced the impact. (TLX: 1.0) \_\_\_\_\_

## STEP 2 | PLAN

INITIALS

- a) Examine your current access to money, food, and water, and identify one vulnerability in each area that could cause difficulty if resources were limited. (TLX: 1.2) \_\_\_\_\_
- b) Prepare a simple personal plan describing how you would responsibly manage money, food, and water for a short period of constraint. (TLX: 1.3) \_\_\_\_\_

## STEP 3 | ACT

INITIALS

- a) Make and follow a real spending decision using limited funds, choosing between needs and wants and explaining your final choice. (TLX: 1.6) \_\_\_\_\_
- b) Prepare a complete meal using basic ingredients, demonstrating planning, portion control, and minimal waste. (TLX: 1.6) \_\_\_\_\_
- c) Demonstrate how to safely obtain and store drinkable water using at least one practical method. (TLX: 1.7) \_\_\_\_\_

- d) Complete a 24-hour period relying only on food, water, and money you personally prepared or set aside, then explain what was hardest and why. (TLX: 1.7) \_\_\_\_\_

## STEP 4 | REFLECT

INITIALS

- a) Explain to a leader how your decisions during this badge changed the way you view comfort, waste, and dependence on others. (TLX: 1.0) \_\_\_\_\_
- b) Describe how self-reliance strengthens your ability to serve family, neighbors, and community, relating your experience to faith in God. (TLX: 1.0) \_\_\_\_\_

## END OF REQUIREMENTS

**BY SIGNING BELOW, I CERTIFY TO THE BEST OF MY KNOWLEDGE THAT ALL REQUIREMENTS WERE MET AT OR ABOVE THE REQUIRED STANDARDS AS OUTLINED IN THE BADGE REQUIREMENTS CHECKLIST.**

\_\_\_\_\_  
SKILL BADGE ADVISOR

\_\_\_\_\_  
DATE (YYYY-MM-DD)